



## **NLNSC Newsletter Spring 2020**

It was the time of the enforced corona-cation for Boomer. He was restless and anxious even though he'd laid in a plentiful supply of dark, really dark and really hoppy beers. There was something else wrong-GWS.

Groomer Withdrawal Syndrome is just becoming more well known in the psychology literature but has yet to make the DSM, other wise known as The Diagnostic and Statistical Manual of Mental Disorders. This is put out by the American Psychiatric Association. If GWS were to be added it would include a definition of 1) A longing to be riding a snowmobile with a heavy piece of equipment dragging behind, 2) Recurring dreams/nightmares of crooked ski tracks or worse yet, evidence that someone had fallen on the track and failed to repair it. The really bad dreams have images of renegade snowmobilers driving on a newly groomed trails and wrecking the classic and skate lanes. There are some good dreams though of happy smiling skiers exclaiming about the beauty of the woods and the perfection of the trail while enjoying a refreshment afterward, 3) And finally the symptom of obsessive reading of magazines with lurid pictures of Heavy Duty snowmobiles or of the latest Yellowstone grooming attachments.

Very sad situation for the Boomer. I'm thinking maybe weekly group therapy held at a local brew pub might be an answer.

Your board as always is trying to find answers as well and we looked at the past season. We confirmed that last years nordic ski season was a dream come true. Early skiing, late skiing and no major midseason melts. The two newly purchased Yellowstone Ginzu groomers were a huge improvement-better trail tracking and control as well as being much easier to move off the snowmobile after grooming. A continued active MYSL youth ski program at Mt. Itasca with upwards of a 130 kids participating weekly is very gratifying. And the final touches to the Sugar building including signage, kiosk and an exceptional cast concrete privy!

One final note-don't forget to brush out the glide portion of your skis and melt in some wax for storage till Fall. Hopefully by then we'll have a hug and get fired up about the upcoming ski season!

That's it everyone.

Stay well, be safe,

***Pete Friedlieb***